

Kim Sobat's Bio

While largely self-taught, Kim has been creating art since she was a small child. Her artistic parents and grandfather encouraged her creative interests growing up. She began painting with oils at age seven and soon after began identifying art as her greatest strength.

After finishing school and faced with adult responsibilities, Kim worked in several different professions to pay the bills, but spent her free time drawing or painting. When she married her husband, who is in the military, they moved to Alaska, Texas, and eventually Fayetteville, North Carolina. While there, Kim enrolled in an evening painting class which reignited her interest in painting and she has been painting consistently since. Kim and her husband now live in Southern Pines, North Carolina.



Since moving to NC, she opened and managed an art gallery; created and directed an after school art program; taught art lessons privately and conducted adult art classes at the Arts Council and Artists League of the Sandhills, and taught art to adults with intellectual disabilities. Over the past decade, Kim's style has migrated from representational realism to abstract. She really enjoys the symbolism that abstract work embraces, but continually employs many of the traditional conventions that make the classical masterpieces of the past still so compelling. In the past few years, she has fallen in love with cold wax medium and oils and uses them in all of her recent work. As a full time artist, she now really enjoys teaching others all the tricks and tips about working with cold wax in a fun and accessible fashion.

Workshop Description:

Cold wax medium is all the buzz these days, and for very good reasons! Not only is it used to make stunning paintings with oodles of depth and texture, but the combination of cold wax and oil paint is versatile, forgiving, quick drying, much more!

In this two day workshop, you will learn how to create cold wax and oil paintings that reflect your individual vision. Through demonstrations and exciting exercises, you will explore composition, values, color theory and artistic purpose in an easy and approachable manner with lots of humor injected. Additionally, you will learn how to keep colors bright and vibrant without getting muddy and how to handle your tools to get desired effects. Using scrapers, palette knives, squeegees, and even common household tools, you will learn how to create a variety of textures that will add character and flair to your cold wax and oil paintings.

All levels are welcome! Beginners will enjoy the ease of use with cold wax medium, and experienced painters will enjoy the fresh and new approach that this versatile medium offers

Supplies for Cold Wax/Oil Painting Workshop

Needed Tools:

Oil paints (water soluble okay) - 8 or more colors.

Gamblin Cold Wax Medium (16 oz. can)

Scrapers - scrapers with an edge that has some give. Catalyst brand is a good choice.

The 4.5" Catalyst W-06 model is the most versatile.

[Silicone Bowl scraper](#) - by Messermeister. Color is unimportant

2-3 Palette knives - trowel type palette knives in 2-4" sizes

7-9 Smooth pre-gessoed cradled wood panels (no larger than 16"x20" or similar size dimensions)

2 Acrylic paints for underpainting (your choice of colors, but darker is nice)

Paint Brush for painting base acrylic layer (wider flat nylon is best)

Roll of paper towels

Blue painters tape (wide enough to mostly cover your cradled panel sides)

Latex or silicone gloves

1 or more Paint Pigment Sticks - any color, but dark colors show up well. R&F is a good brand

12"x16 " paper palette (no larger to save table space)

Apron (optional, but we will get messy)

Small bottle of Gamisol odorless solvent

4" soft rubber brayer

[Soho Studio Wipes](#) - Not required, but very handy for wiping off tools and your hands.

Roll of wax paper

I will share these tools with you to try out and share, but you're welcome to bring your own: Pottery scraper, Hair comb, Rug grip mat, Steel wool, Bamboo skewers, Plastic fork, Clean sand, Bubble wrap, Tissue Paper, Nylon Pot scrubber, Whisk broom, Marble dust, Gilders Paste (gold metallic stuff), Marble dust and oil pastels.